Podiatry and Foot Health Service (Hounslow)

What is Podiatry?
- A podiatrist is a specialist who diagnoses and treats conditions affecting the foot, ankle and related structures of the leg.
- Podiatry is also sometimes known as chiropody.

Who can use the service?
- Any child or Adult with a foot health need.
- People must be registered with an NHS Hounslow General Practitioner, to access this service.
- The podiatry service is **NOT** able to provide simple nail cutting, where there are no underlying medical risk factors.

Where do we work?

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
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<tbody>
<tr>
<td>Bedfont Clinic</td>
<td>Imperial Road, Bedfont TW14 8AE</td>
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<tr>
<td>Brentford Clinic</td>
<td>Boston Manor Road TW8 8DS</td>
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<tr>
<td>Chiswick Health Centre</td>
<td>Fishers Lane, Chiswick W4 1RX</td>
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<tr>
<td>Feltham Centre for Health</td>
<td>3rd Floor The Centre Feltham TW13 4G</td>
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<td>Heston Health Centre</td>
<td>Cranford Lane, Heston TW5 0AJ</td>
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<td>Heart of Hounslow Health Centre</td>
<td>92 Bath Road Hounslow TW3 3EL</td>
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<tr>
<td>West Middlesex Hospital (OBlock)</td>
<td>Twickenham Road, Isleworth TW7 6AF</td>
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<tr>
<td>Whitton Corner Health Centre</td>
<td>Percy Road, Whitton, Middlesex TW2 6JL</td>
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We also provide a service to residential homes and Day Centres. A limited (need-assessed) home visiting service is available to people who are totally housebound.

What foot health care is offered?
- Podiatry care to manage foot & lower limb symptoms of Long Term Conditions e.g. Peripheral vascular Disease, Rheumatoid & Neurological conditions, which would place the foot “At Risk”
Wound management-debridement, dressing, and padding therapy.
Foot health promotion & advice including promotion of self-care & supporting carers & families
Nail Surgery under local anaesthetic.
Biomechanics- assessment of gait & lower limb mechanics.
Prescription & manufacture of orthoses & insoles.

Referrals for diabetic patients

Please note the HRCH podiatry service is not commissioned to see diabetic patients. Please contact your GP or appropriate healthcare professional for onward referral to the Central London Community Healthcare NHS Trust’s podiatry care service. Please speak to your healthcare professional if you are diabetic and require podiatry care.

How can you access the Podiatry service?

You need to be referred by your G.P. or other health or social care professional.

The Assessment process:

- Referral is received by podiatry central booking office.
- Referral is triaged by a podiatrist according to priority & speciality.
- Self-referrals not meeting the clinical need for this service will be rejected and informed by letter.
- Urgent cases will be contacted within 3 working days and appointed appropriately.
- Non-urgent patients are sent a letter inviting them to contact the Podiatry Service to make an appointment for assessment.
- Patient attends for individual assessment.
- If appropriate, a podiatry care plan will be drawn up, which will be reviewed & revised at follow-up appointments.
- Patients not meeting the clinical need for on-going care will be given individual advice on self-management of their feet, and discharged.

Referrals are posted or faxed to:

Podiatry Central Booking Office
Heart of Hounslow Health Centre
92 Bath Road
The Patient Advice and Liaison Service (PALS):

The Patient Advice and Liaison Service (PALS) can provide advice and support to service users, their families and carers.

If you wish to make a comment, suggestion or complaint, please contact the PALS officer on Freephone: 0800 953 0363. or email: pals.hrch@nhs.net

Translation services:

HRCH has access to interpreters who can speak other languages. This leaflet can be made available in large print, Braille or on audiotape and a translation service is available. Please contact 0800 953 0363.