Support for Unpaid Carers of People with Dementia

1 Richmond Carers Centre offers an extensive range of services across the borough to any carer & is a great first port of call for new & existing carers. T: 020 8867 2380 • W: richmondcarers.org

2 Richmond Carers Hub is a borough wide service offering advice & information; carers support groups; carers' breaks & activities for carers & people with dementia; education & training. T: 020 8867 2380 • W: richmondchshs.org

3 Homelink Day Respite Care Centre is a nurse-led centre providing specialist day respite care services. T: 020 8255 1992/3 • W: homelinkdaycare.co.uk

4 Richmond Alzheimer’s Society is also a borough wide service with dementia advisers offering home visits & one to one support; carers' support groups & cafes, activities, social events & training. T: 020 8877 0033 • E: ralondon@alzheimers.org.uk • W: alzheimers.org.uk

5 My Time Active provides services to support you to live a healthy lifestyle. W: mytimeactive.co.uk/richmond

6 Richmond Crossroads Care provides informal support & family member who due to illness, disability, a mental health problem or an addiction cannot cope without their support. T: 020 8943 9421

7 NHS Memory & Specialist dementia Service at Barnes Hospital T: 020 8948 0911 • E: sensorypalaces@hrp.org.uk

8 Richmond Response & Rehabilitation Team provides hospital discharge, rapid response and community rehabilitation services for short-term intensive support. T: 020 8714 4906

9 Richmond Adult Social Care Access Team at London Borough of Richmond upon Thames, is the first point of contact for social care & carers assessments. T: 020 8973 1877 • W: richmond.gov.uk

10 Shared Lives dementia at London Borough of Richmond upon Thames, is a respite break service for carers requiring a short break. T: 020 8487 5396 • W: richmond.gov.uk

11 Community Independent Living Service offers a range of services designed to maximise independent living. T: 020 8973 1877 • W: richmond.gov.uk

12 Sensory Palaces a health & wellbeing programme, combining storytelling in historical spaces with a multi-sensory approach. For people living with early-stage dementia & their carers. Access monthly sessions via Alzheimer’s Society: E: Rachel.davenport@alzheimers.org.uk • E: sensorypalaces@hrp.org.uk

13 Richmond Age UK Handy person & Gardening scheme T: 020 8876 0620 / 0800 917 9980 • E: handyperson@ageukrichmond.org.uk

14 FSH Neighbourhood Care reducing isolation in Barnes, Mortlake & East Sheen with a range of support from accessing appointments to social activities. T: 020 8876 3414 W: www.fshhelp.org.uk

15 GoLocal is a local partnership of advice & support services under the name of ‘Community Independent Living Services’. A wide range of support is on offer including information drop-in sessions 10am–2pm at Sheen library every Tuesday & at Whitton community library every Thursday. W: golocal.org.uk • W: richmond.gov.uk/cils

16 Orleans House Gallery offer workshops for people living dementia & their carers. E: artseducation@richmond.gov.uk

17 Woodville Centre at Ham is a day centre focusing on sensory stimulation, combining services to help our clients stay independent, in a safe and friendly environment. T: 020 8948 0911 • E: woodvillecentre@richmond.gov.uk

18 Admiral Nursing DIRECT is a national helpline & email service, provided by experienced Admiral Nurses, which is for family & professional carers, people with dementia & those worried about their memory. Monday to Friday 9:15 - 16:45 T: 0845 257 9406

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